

## Ribbed for Your Warmth by Sonia Ruyts



### Materials

Approximately 100 yards worsted weight yarn  
US Size 8 16-inch circular needles, or size needed to get a cozy gauge.  
1 stitch marker  
tapestry needle

### Abbreviations

K: knit  
P: purl

### Directions

Cast on 120 stitches. Join stitches to knit in the round, placing a marker to indicate the beginning of the round.  
\*K2, P2 repeat from \* to end of round. Repeat for a total of 10 rows in pattern.  
\*P2, K2 repeat from \* to end of round. Repeat for a total of 10 rows in pattern.  
Repeat these 2 instructions once more (for a total of 40 rows) and bind off loosely.  
Use tapestry needle to weave in ends.

### Notes

If you want your cowl to be a little larger, repeat pattern until desired length. I made mine with 50 rows and it is long enough to tuck into your coat and still have plenty of warmth around the neck.

To adjust the circumference, simply add or subtract the number of cast on stitches in multiples of 4.